

Foyle Hillwalking Club - Walks Schedule May – August 2023

Note: All persons intending to walk must register their interest with the leader. Please let the leader know if you are meeting at the car pooling location in Derry or at the start of the walk.

If you are not feeling well, please do not attend a walk.

Date	Walk	Grade
Sunday 7/5/23	Ballyliffen to Isle of Doagh Walk on beach, rough track and quiet road. 12k	A
Saturday 13/5/23	Doochary to Fintown Approx 4 hours on rough way-marked track, some inclines and a couple of boggy areas. Please note - this is a linear walk so we will be leaving some cars at Fintown and car sharing the short journey to Doochary.	A/B
20- 21/5/23	Club trip Antrim / North coast	
Sunday 28/5/23	Ragtin Mor Good hill climb, track to start then steep hill climb to Rathtin Mor, back over Crockman & Mamore Hill to start. Height 500 metres approx 4 hours	B/C
Saturday 3/6/23	Glenshane Forest / Mullaghmore Walk on track through Glenshane Forest then out onto open hill side to top of Mullaghmore. May be boggy in places if wet with some broken ground in places. Several fences to cross. About 16km with 400m ascent	B

	Approx 4-4.5 hours walking time plus lunch	
Sunday 11/6/23	<p>Rathlin The walk will be to Rue point on the Roonivoolin trail where we will have lunch and then walk to the old coastguard hut on the north of the island, return to Church Bay.</p> <p>Should have approximately an hour free for refreshments before ferry.</p>	B
Saturday 17/6/23	<p>Fairhead loop & Murlough Bay 12km with 420m ascent</p>	B
Sunday 25/6/23	<p>Dooish & Edenadooish 5km, 380m ascent</p> <p>3-3.5hrs</p> <p>Steep climb up gully at start to reach col then open hillside on grassy & rocky ground to Dooish summit(652m). Retrace steps to col then continue to Edenadooish (628m). Contour round hillside on descent to return to start point.</p>	B
Saturday 1/ 7/23	<p>Portballintrae Coastal Walk Reasonable path , some undulations and steps.16 kms, 10 miles. Route may be reversed due to tide level. TBC nearer time.</p>	B
Sunday 9/7/23	<p>Cam Forest 14 kilometres on forest track with small section of rough ground. 300m of ascent and descent. Several stiles with a few log</p>	B

	walkways over ditches. Views of Limivady, the Sperrins and Roe valley. Walk time 3.5 hrs.	
Saturday 15/7/23	Ards Friary Red Loop. A mixture of forest, coastal and beach all on a path with only short uphill sections. Beautiful views along the coastal section. 14.5km	A
Sunday 23/7/23	Sliabh Gallion	B/C
Saturday 29/7/23	Binevenagh Forest paths, open track and some climbing up to escarpment. Great views over Lough Foyle. Walk time approx 4 hrs.	B
Sunday 6/8/23	Benbradagh 11 kilometres, mountainside, forest track and some bog. Steep ascent for the first hour. Barbed wire fences and gates to cross. Spectacular views from the top. Back through forest and small country roads.	C
Saturday 12/8/23	Lough Finn, Aghla Mountain & Knockraver From GAA club follow track through forest and onto bog road. Start climb at end of ridge and continue directly to Aghla Mountain (593 metres - trig point). Keep to high ground passing L Fad, Castle Lough and eventually on to Knockraver. Descend north to cross river and reach road. Cars will be left at start and end to avoid road walk back to GAA cub.	C

	<p>Distance: approx 9Km Climb: 500 metres. Time: approx 4.5 hours</p> <p>Discovery Series Map 11 (1:50,000)</p>	
<p>Sunday 20/8/23</p>	<p>Muckish Miners Track From Falcarragh railway station follow the old track and then the stream to the Miners Track, climb and for return descend to the quarry on the opposite side</p> <p>12 km, 600m ascent, About 4/5 hours</p>	<p>C</p>
<p>Saturday 26/8/23</p>	<p>Horn Head The walk initially takes us through some woodland following a path along sandunes to Tramore beach. We will have lunch at the end of the beach, we could do a beach clean when retracing our steps before returning to the cars. A varied and pleasant walk. Negligible climbing involved. Approx 11km.</p>	<p>A</p>